

Hawaii Association of the Blind
Presents
The Waikele Walking Club

Let's make 2024 about the year of moving more!

When: Every Thursday until the end of the year.

Time: Drop off by 4:30 pm, walk 5 pm to 6 pm, and pick up by 6:30pm.

Where: Patsy Mink Park. Make Handi-Van arrangements for pick up and drop off at Central Oahu Regional Park. Jack in the Box entrance first parking lot bathroom area.

What: One loop is about 0.75 miles. Earn a Handi-Van coupon every 10 loops!

Goals:

1. Increase your daily steps!
2. Be outside!
3. Socialize with friends!
4. Improve your cane skills!

RSVP: Let us know if you will come or if you have questions. Call or text Sherri Martinez at 808-561-5968.