

Hawaii Association of the Blind

Presents

The Waipi'o Walking Club

Let's make 2024 about the year of moving more!

**When:** Every Monday

**Time:** Drop off by 4:00 pm, walk 4:30 pm to 6 pm, and pick up by 6:30pm.

**Where:** Patsy Mink Park. Make Handi-Van arrangements for pick up and drop off at Central Oahu Regional Park. Jack in the Box entrance first parking lot bathroom area.

**What:** One loop is about 0.75 miles. Earn a Handi-Van coupon every 10 loops!

**Goals:**

1. Increase your daily steps!
2. Be outside!
3. Socialize with friends!
4. Improve your cane skills!

**Liability Disclaimer:** All participants are responsible for their own safety throughout the event. Hawaii Association of the Blind shall not assume any liability resulting in injury or death

**RSVP:** Let us know if you will come or if you have questions. Call or text Sherri Martinez at 808-561-5968.